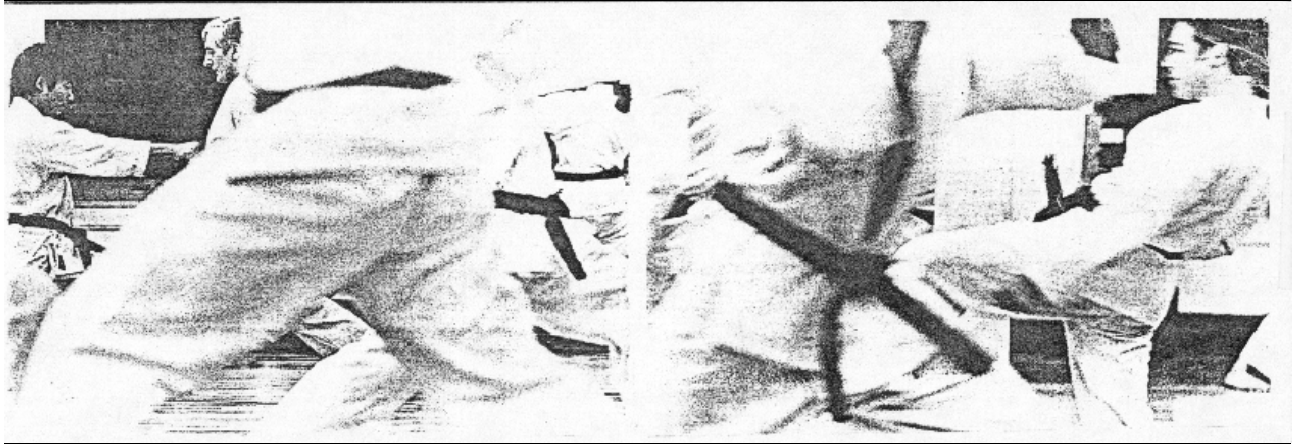


Seiwa Kai of Texas  
presents the  
**2011 USA Goju-Ryu Karatedo Training  
Seminar & Seiwa Kai Grading**



**March 4 - 6, 2011**

St. Edward's University Alumni Gym  
3001 South Congress Avenue Austin, Texas, USA

Instructors:

**Vassie Naidoo, Kyoshi**, 7<sup>th</sup> Dan Seiwa Kai, 6th Dan JKF Goju Kai  
President - JKF Goju Kai USA; Head Instructor - USA Seiwa Kai

**Desmond Tuck, Renshi**, 6th Dan Seiwa Kai & JKF Goju Kai  
Vice President/Secretary - JKF Goju Kai USA

**James Pounds, Shihan**, 5th Dan Seiwa Kai & JKF Goju Kai  
Head Instructor - Seiwa Kai of Texas

Guest Instructors:

**Isao Yabunaka, Kyoshi**, 7th Dan Seiwa Kai, 5th Dan JKF Goju Kai  
Head Instructor - Seiwa Kai of Canada

**Daniel Iorga, Sensei**, 4th Dan Seiwa Kai & JKF Goju Kai; Head Instructor - Olympic  
Karate of San Diego; Former Coach - National Karate Team of Romania

**Brian Burdick, Sr., Sensei**, 4th Dan Seiwa Kai; Master Instructor - Los Angeles Police  
Department in Defensive Tactics; Head Instructor - Norwalk (CA) Seiwa Kai

For More Information:

[www.KarateAustin.com](http://www.KarateAustin.com) or James Pounds @ 512-589-4900

Register Today!



## *SEMINAR COST:*

\*NOTE: All preregistration fees must be paid in full by Wednesday, February 23<sup>rd</sup>.

All Sessions: Friday night, Saturday, Sunday morning, preregistration: \$125.00  
(Received by February 23, 2011)  
Registration at the door: \$150.00

Note to Early Arrivals: You are invited to attend the regular class of the St. Edward's Goju Ryu Karate Club at the Alumni Gym on Thursday, March 3<sup>rd</sup>, (5:00 - 7:00 pm) at no additional cost. Vassie Naidoo, Kyoshi, guest instructor.

## *SEMINAR SCHEDULE:*

Thursday, March 3<sup>rd</sup> St. Edward's University Alumni Gym  
PRE-SEMINAR TRAINING (Open to all) Vassie Naidoo, Kyoshi

4:30 pm Doors open  
5:00 - 7:00 Goju-Ryu basics, Sanchin, Tensho, Kata & Bunkai Oyo

Friday, March 4<sup>th</sup> St. Edward's University Alumni Gym

5:00 pm Doors open/Check-In/Registration (if not pre-registered)  
6:00 - 8:30 pm Goju Ryu basics, dojo kumite applications, GekiSai dai ichi & Dai ni, Saifa, Sanchin, Tensho

Saturday, March 5<sup>th</sup> St. Edward's University Alumni Gym

8:30 am Doors Open  
9:00 - Noon Goju Ryu Basics, Seyunchin, Sanseru  
10:30 - Noon Competition Kumite Breakout Session I - Iorga Sensei  
Noon - 1:30 Lunch break (good food available on campus)  
1:30 - 3:30 Shisochin, Seipai, Sesan  
3:30 - 5:00 Goju Street Defense - Burdick Sensei, Los Angeles Police Department

5:00 Photos

7:30 Dinner Party

Sunday, March 6<sup>th</sup> St. Edward's University Alumni Gym

8:30 am Doors Open  
9:00 - 11:00 Goju Ryu Kata Review  
10:00 - 11:00 Competition Kumite Breakout Session II - Iorga Sensei

11:30 - 1:30pm Yudansha Grading

## *SEIWA KAI GRADING:*

Seiwa Kai Yundansha Grading will be held Sunday, March 6th for Shodan - Yondan. (See Seminar Schedule) If you are flying out Sunday evening after grading, make sure to give yourself plenty of time to get to the airport and check-in. You should be okay with flights after 4pm.

### Grading Criteria:

- Ikkyu - Shodan      Minimum 3 years training and your Sensei's approval to grade.
- Shodan - Nidan      2 years as Shodan since last Seiwa Kai grading
- Nidan - Sandan      3 years as Nidan
- Sandan - Yondan      4 years as Sandan

Please contact Pounds Shihan at [mail@KarateAustin.com](mailto:mail@KarateAustin.com) for application and cost information  
(All applications for grading must be submitted by Wednesday, February 23rd)

## *LODGING:*

### **Homestead Suites - Austin Downtown/Town Lake**

<http://www.homesteadhotels.com/property/homestead-studio-suites-austin-downtown--town-lake-hotel.html>

507 South First Street Austin, TX 78704 (intersection of S. First & Barton Springs Blvd)  
512-476-1818 (Michelle or Suzanne) Mention the St. Edward's Karate Seminar.

**NOTE! Cut-off date for block rate is February 4th.**

Rates: \$75 for single queen/\$89 for double queen

All rooms have full kitchenette & breakfast bar. There is no restaurant or work out facility at The Suites. However:

Homestead Suites is just south of the River from downtown and convenient to the downtown music scene, many eating establishments, St. Edward's University, the So-Co (South Congress Avenue District), and the Lady Bird Johnson Hike and Bike Trail. Threadgill's World Headquarters (<http://www.threadgills.com/locations.cfm>) is a half block away. Aussie's Grill & Beach Bar (<http://aussiesbar.com/>) is around the corner. And world-class Japanese Sushi and Cuisine is available at Uchi (<http://www.uchiaustin.com/>) several blocks west on Lamar Blvd. There are numerous breakfast opportunities on South First St. heading for campus, or on the campus.

See (<http://www.austin360.com/>) for everything going on and useful maps.

The Town Lake YMCA (coed) is across the river and 1 block west. They will provide a 3-day guest pass if you have a photo ID. Enjoy weights, swimming, cardio, steam, and hot tub there.

## *TRAVEL:*

**Austin Bergstrom International Airport (BIA)** is serviced by most national airlines.

[www.Orbitz.com](http://www.Orbitz.com) is a good place to start the reservation process. Don't forget to also check [www.Southwest.com](http://www.Southwest.com) as it is the carrier with the most arrivals and departures to/from Austin.

The Airport is approximately 20 minutes from St. Edward's University and 30 minutes from the Homestead Suites.



Seiwa Kai of Texas  
presents the  
**2011 USA Goju-Ryu Karatedo Seminar  
& Seiwa Kai Grading Registration**  
March 4, 5, and 6, 2011

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Country: \_\_\_\_\_  
 Dojo: \_\_\_\_\_ Current Rank: \_\_\_\_\_  
 Main Phone: \_\_\_\_\_ Secondary: \_\_\_\_\_ Email: \_\_\_\_\_

**Seminar Schedule:** all at St. Edward's Alumni Gym. (Map at [www.stedwards.edu](http://www.stedwards.edu))

Thursday, March 3, 2011	5:00pm – 7:00pm	Club Regular Training (No Charge)
Friday, March 4, 2011	6:00pm – 8:30pm	
Saturday, March 5, 2011	9:00am - Noon	1:30 - 5:00pm
Sunday, March 6, 2011	9:00am – 11 am	11:30 - 1:30pm (approx) Grading

**Please check all days / activities attending:**

- Thursday Training                      No Fee                      \$ \_\_\_\_\_ N/C
  - Friday - Sunday Training              \$125.00 **by Feb.23** (\$150 after Feb 23)    \$ \_\_\_\_\_
  - Saturday Dinner Party                  \$25.00/cash bar                      \$ \_\_\_\_\_
- TOTAL COST:**                                      \$ \_\_\_\_\_

**PLEASE MAKE CHECKS PAYABLE TO:**                      **"James Pounds" or "Luz de Blanco"**  
**and note "2011 USA Seiwa Kai Seminar - Texas" on the "for" line.**

- Grading Fees will be charged separately. For application & information, contact James Pounds at [mail@KarateAustin.com](mailto:mail@KarateAustin.com) or 512-589-4900

**RELEASE OF LIABILITY TO PARTICIPATE**

*In consideration of your accepting my fees, I intend to be legally bound on behalf of myself, my heirs, executors, assigns, and administrators, I do hereby waive, release and discharge any and all rights and claims for damages which I may have, or which may hereafter accrue to me against St. Edward's University, USA Goju-Ryu Seiwa Kai Karatedo, JKF Goju Kai, James Pounds, other instructors, participants, sponsors and contributors, their representatives, successors, and assigns for any and all injuries arising from my participation in the **2011 USA Goju-Ryu Seminar & Seiwa Kai Grading**. I attest that I am physically fit and sufficiently trained for this event. **I understand karate is a demanding physical activity and I enter into this Release knowing and accepting there is a potential for injury.***

\_\_\_\_\_  
**Signature** (Parents if under 18 yrs)                      **Printed Name**                                      **Date**